I’ve Got Your Back:
Help Children Say Hello to Friends & Goodbye to Bullies

★ A Must-Have Resource For Parents, Teachers, & Schools! ★

With 35 years of combined experience, bullying prevention specialists Lorna Blumen and Staci Schwartz help kids form positive, respectful friendships and prevent bullying.

Designed for adults (teachers, parents, or mentors) and children (aged 5-10) to read together, *I’ve Got Your Back: Help Children Say Hello to Friends & Goodbye to Bullies*, answers these key questions:

- Why is prevention the best solution to bullying?
- How can kids avoid being targets of bullying behavior?
- Why is self-esteem important for making friends?
- What can kids do if their friend is being picked on?
- Can kids who act like bullies change their behavior?
- Where should kids go when they need help?

*I’ve Got Your Back: Help Children Say Hello to Friends & Goodbye to Bullies* can be used in the classroom! Lively activities and engaging stories designed to read aloud with peers & teachers, give kids the tools to build positive relationships and protect themselves from bullying. Bring learning to life with “Stop & Think” discussion questions and ideas. Introduce children to the vocabulary of feelings and help them build social skills, empathy, and self-esteem.

Let Children Know That Caring Adults Will Always Have Their Backs!

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Lorna Blumen, MS, MBA is a children’s and adult workplace bullying prevention specialist. She’s the author of five books, including *Bullying Epidemic: Not Just Child’s Play* and *Girls’ Respect Groups: No More Mean Girls!* The Girls’ Respect Groups Program is used in 130 countries. BullyingEpidemic.com & GirlsRespectGroups.com

Staci Schwartz, MD is a physician and an educational consultant for children’s bullying prevention. She is the author and illustrator of children’s books including *Billy the Baaadly Behaving Bully Goat* and *The New Bear on the Block*. Staci performs interactive readings and bullying prevention workshops in elementary schools. StaciSchwartz.com