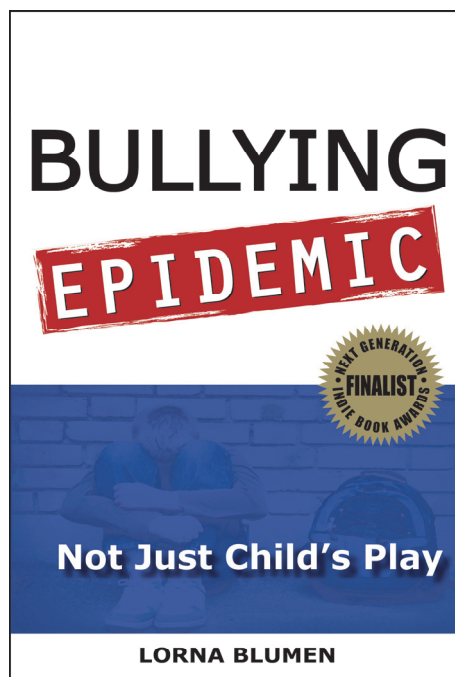


Empower Kids & Prevent Bullying!



Bullying Epidemic: Not Just Child's Play

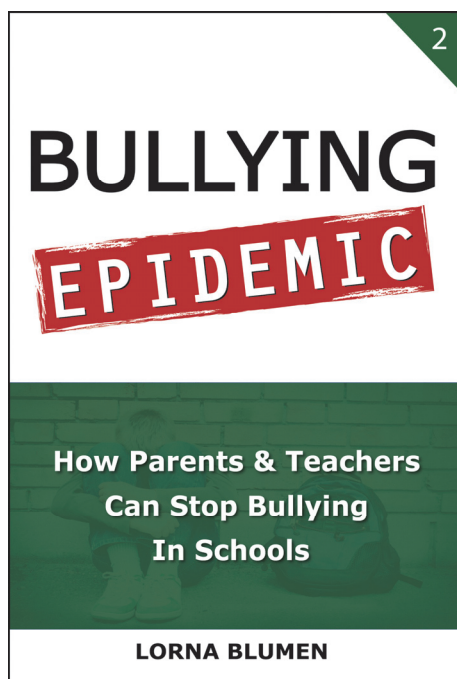
Lorna Blumen

Bullying Epidemic: Not Just Child's Play is a powerful book on children's bullying and the enabling role adults inadvertently play. Belligerent adult behavior and silent acceptance of bullying all around us pave the way for children's bullying. Adults must change our behavior so children can change theirs.

Prevention is the only solution. We must start when the kids – and the problems – are small. Let it build and bullying becomes impossibly complex. While we must respond to the crises, the Columbines, and the bullycides, we cannot repair the damage with punishments, metal detectors, or jails.

We can prevent most of these crises. We must stop blaming legal loopholes and the inaction of others for our own failure to act. Tackling tough issues that others ignore, *Bullying Epidemic* offers a commonsense action plan for adults determined to turn the tide of children's bullying.

Empower Kids & Prevent Bullying!



Bullying Epidemic 2: How Parents & Teachers Can Stop Bullying In Schools

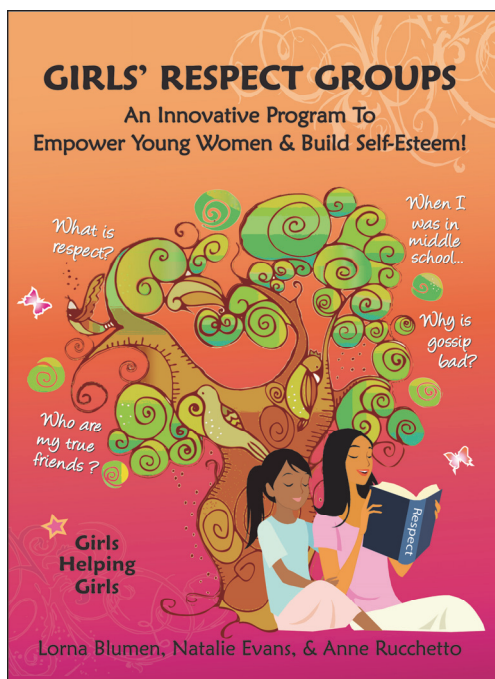
Lorna Blumen

Why is bullying such a problem in schools and what can we do about it? *Bullying Epidemic 2: How Parents & Teachers Can Stop Bullying In Schools* provides action-oriented tips and practical strategies for adults determined to stop children's bullying. Developed for classroom use, these strategies are equally effective at home, camp, sports, or any place where kids work or play together.

You'll find tips and discussion starters from our 20 Tips for Bully-Free Schools Program, Bullying ABCs, How to Work With Your Child's School: A 10-Step Action Plan to Stop Bullying Problems, and 10 Tough Questions Parents Ask About Bullying.

Make Every Day Bullying Prevention Day!

Empower Kids & Prevent Bullying!



Girls' Respect Groups:

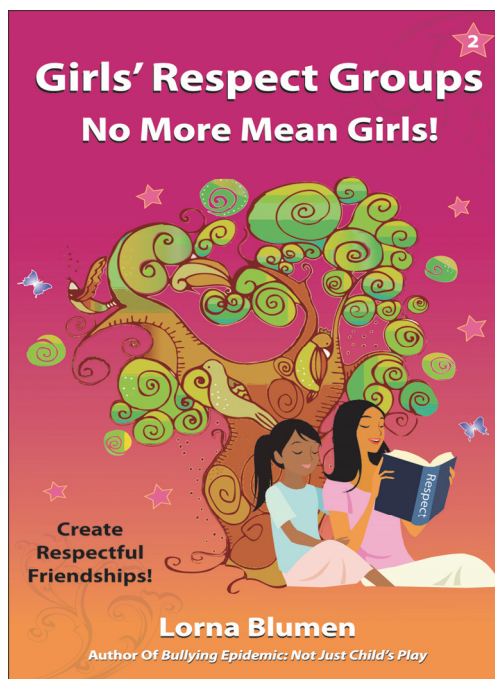
An Innovative Program to Empower Young Women & Build Self-Esteem!

Lorna Blumen, Natalie Evans, & Anne Rucchetto

Respect, for ourselves and others, drives our important life decisions – the friends we choose, how we approach school and work, the challenges we accept or avoid. Girls' self-respect is under attack from all sides today. How do we keep young women grounded in respect?

Welcome to the Girls' Respect Groups Program, now used in the US, Canada, and 130 countries. The GRG Program is an after-school program for preteen girls, run by specially-trained high school girls. Created by real teens, it's a community of Girls Helping Girls (our motto!). This book contains the complete GRG Middle School Program curriculum, guiding you step-by-step to build GRG Programs in your schools and communities. Identify and train inspiring teen girls to become confident, kind-hearted GRG Teen Leaders. The GRG Program is anchored by teachers and adult community leaders and a vibrant online community providing tips and encouragement. Help young women find their best selves and provide a stabilizing anchor during the turbulent teen years!

Empower Kids & Prevent Bullying!



Girls' Respect Groups 2: No More Mean Girls!

Lorna Blumen

Need a quick start guide for supportive girls' friendships? *Girls' Respect Groups 2: No More Mean Girls!* gives you key info from the Girls' Respect Groups Program, used in the US, Canada, and over 130 countries.

Adults must guide preteens and teens towards healthy friendships and romantic relationships. Action-oriented tips and practical strategies include Respect ABCs and Learn-A-Tip-A-Day infographics to inspire discussion and action. We cover challenging issues for all girls: What's the connection between respect and bullying? How do you make the best clothing choices? How to set the tone for respect during the dating years?

Girls 10 to 18 – and the adults who love and guide them – will learn to create relationships based on respect for self and others. *Girls' Respect Groups 2: No More Mean Girls!* is an important book for parents of boys, too. Help your sons choose girls, as friends or romantic partners, who respect themselves and your sons.

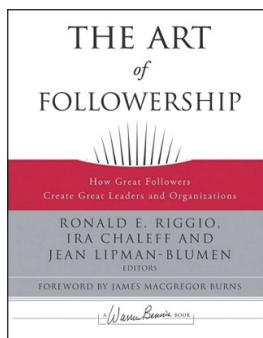
The Gift of Respectful Relationships Lasts a Lifetime!

Empower Kids & Prevent Bullying!

The Art of Followership:

How Great Followers Create Great Leaders and Organizations

Ronald Riggio, Ira Chaleff, Jean Lipman-Blumen, Editors



The Art of Followership examines the multiple roles followers play and their often complex relationship to leaders. With contributions from leading scholars and practitioners from the burgeoning field of leadership/followership studies, this groundbreaking book outlines how followers contribute to effective leadership and to organizations overall.

Drawing from various disciplines, from philosophy, psychology and management, and education, the book defines followership and its myriad meanings. *The Art of Followership* explores the practice and research that promote positive followership and reveals the part that followers play in setting the standards and formulating the culture and policies of the group.

The contributors include new models of followership and explore fresh perspectives on the contributions that followers make to groups, organizations, societies, and leaders. The book also explores the most current research on followership and includes insights and perspectives on the future of leader-follower relationships.

Lorna Blumen wrote Chapter 16: *Bystanders to Children's Bullying: The Importance of Leadership by "Innocent Bystanders"*. Publisher: Jossey-Bass. Book description from publisher's website.

When Something's Wrong: Ideas for Families

Canadian Psychiatric Research Foundation (now Healthy Minds Canada)

A quick reference guide of useful coping strategies and resources for parents and caregivers to help them with children who have mood, behavior, or thinking problems. This handbook (2004) includes twelve sections covering Managing Problem Behaviour in Children, Anxiety and Anxiety Disorders, Autism and Autism Spectrum Disorders, Borderline Personality Disorder (BPD), Eating Disorders, Impulse Control Disorders, Mood Disorders, Schizophrenia, Suicide, Tourette Syndrome (TS), Working with your Health Practitioner, and Resources.

Lorna Blumen was a contributing author to the Anxiety Disorders section. Publisher: Healthy Minds Canada. Book description from publisher's website.

